

PREVENTION CONTRACT

Focusing on Protective Motivations (For Teen)

1. Who do you want to be in high school (e.g., an athlete, kind, academically focused to earn a scholarship, etc.)?
2. How do you plan to get there?
3. Who do you fear you might become in high school (e.g., drop-out, someone without any friends, homeless)?
4. What can you do now to avoid becoming this person?

(For Parent/Caregiver)

1. What do you hope for your son/daughter in high school (e.g., stay healthy, do well in school, learn about their gifts)?
2. What will commit to doing so they can achieve this dream?
3. What do you fear for your son/daughter in high school (e.g., get on drugs, alcohol, drop out, get in trouble with the law)?
4. What will you commit to doing so they can achieve this dream?

Signed

(Teen)

Signed

(Parent)

Date