The Dangerous Truth About Today's Marijuana

JOHNNY STACK'S LIFE & DEATH STORY

the dangerous

TRUTH

LAURA STACK

MARIJUA

Johnny Stack's Life & Death Story

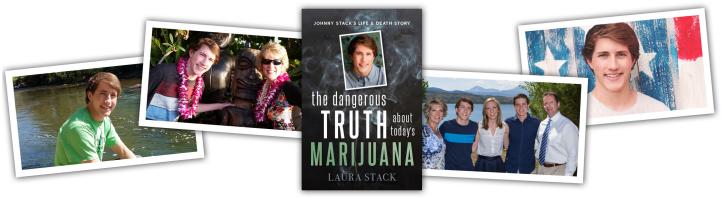
By Laura Stack
With Foreword by Kevin Sabet

ABOUT THE BOOK

This is the poignant life-and-death story of Johnny Stack, whose young and vibrant life ended by suicide after his descent into addiction to high-potency marijuana and cannabis-induced psychosis. You'll laugh and cry with his mother, Laura Stack, as she retells the story of Johnny's joyful childhood and then takes you through the unthinkable tragedy of his loss. It's every parent's nightmare. But this book is much more than Johnny's story. Today Laura, who is a nationally recognized speaker and best-selling author, leads a national effort of parents, impacted family members, healthcare professionals, teachers, and trusted adults who are concerned about the harmful effects of marijuana on our children, teenagers, and emerging

adults. This book is a clarion call for parents across America to educate themselves about the risks of today's high-THC marijuana products and to better understand the potentially devastating effects on youth mental health. Laura's real-life story is backed by recent scientific-based research on how today's potent THC products lead to mental illnesses such as anxiety, depression, paranoia, psychosis, and sadly, suicidal ideation. This book is her vision to dramatically decrease adolescent marijuana usage, mental illness, and suicide, to allow our youth to live productive, happy lives.

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PRAISE for The Dangerous Truth About Today's Marijuana

"As an enduring tribute to her son, Laura Stack has pulled together an invaluable analysis of the common misconceptions surrounding marijuana which led to his eventual downfall. Marijuana is a large part of the minefield that all teens must navigate in today's world before they reach adulthood, a sobering reality that parents need to see clearly in order to help their children survive and thrive. This book provides a solid framework to assist in that process while making ample use of references to the best and most relevant scientific literature out there."

Christine L. Miller, PhD, Neuroscientist
 MillerBio, Baltimore, Maryland

"Laura Stack has constructed a beautiful legacy for her son, allowing Johnny's story to help guide the actions and decisions of other teenagers and families. Laura has long had an unmistakable passion and gift for writing; it's no mistake that she has created such a seamless blend of personal narrative and empirical science. If you do your family the favor of reading this book, you'll come away with all the tools and information you'll need to protect your children from the ever-increasing social pressures of marijuana normalization. Your time could not be better spent."

– Aaron Weiner, PhD, ABPP, Licensed Clinical Psychologist
 Board-Certified in Counseling Psychology (ABPP) and Master Addiction Counselor (MAC), Lake Forest, IL

"This is a remarkable book with a powerful message for parents about the devastating and unpredictable negative consequences of marijuana use for some youth. It is also a passionate story of the painful struggles families often have trying to help youth who are addicted to marijuana and other drugs. A wake-up call in the face of widespread denial of the serious adverse consequences many people suffer from marijuana use, this book sends a powerful message to parents about the importance of helping youth grow into adulthood drug-free because of the unique vulnerability of the adolescent brain to the chemical seduction of drug use."

Robert L. DuPont, MD, President, Institute for Behavior and Health, Inc.
 First Director, National Institute on Drug Abuse; Second White House Drug Chief

"Laura and John's brave account of their son's devastating tragedy serves as a warning sign and a critical call to action for all who love and care for young people. Their story illustrates how the foe we face rides on the wheels of capitalism and runs over our children. When regulation and consumer protection are absent, we need ambassadors to arm our children with neurodevelopmental science and empower parents' voices. Thank you, Laura, for sharing your story and for starting Johnny's Ambassadors."

Crystal Collier, PhD, LPC-S, Therapist, Researcher, Educator,
 BrainAbouts Prevention Program Creator & Director, Houston, Texas

"This is a powerful book for everyone; parents, grandparents, and young people should read it. Written from the heart of a mother, Laura Stack, who has transformed her immense pain from losing a son into something extremely valuable for everyone. The message is clear: strong cannabis risks mental well-being and can even lead to fatality, as it sadly did in her son Johnny's case."

 Atakan, MD, Senior Cannabis Researcher King's College, London, UK

"Laura Stack is a new and powerful voice on this important subject. She is knowledgeable, passionate, and sensible—a rare combination in this space. Laura has taken the time to be educated, and she is using what she knows to impact lives. While many will focus on the tragedy of her story, I see her words and actions as a beacon of light, shining to help others find their way through the dark. Laura and her family's true legacy is sharing Johnny's story to keep them from following his path."