Pre/Post Survey: Preventing Youth Marijuana Use

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Marijuana Facts:

1. True or False: there are 5 components to the cannabis plant.
   Answer: True

2. Why are the terms “marijuana” and “cannabis” not interchangeable?
   a. The word “cannabis” refers to all products derived from the plant Cannabis sativa. The word “marijuana” is a variety of cannabis.
   b. The word “cannabis” refers to a pure form of THC. The word “marijuana” refers to the plant.
   c. The word “cannabis” is the substance in CBD. The word “marijuana” refers to the substance that is used recreationally.
   d. There is no difference, the terms are the same.
   Answer: A

3. True or False: today’s marijuana is more potent than the marijuana from previous generations.
   Answer: True

4. The use of high potency marijuana is:
   a. Beneficial
   b. Okay in moderation
   c. Can relieve mental health issues
   d. There is no benefit
   Answer: D

5. True or False: teens who use marijuana often will have attention issues, memory loss, and learning difficulties.
   Answer: True

Marijuana and the Brain:
1. True or False: the use of marijuana can damage the growing and developing brain.
   Answer: True

2. According to research, the use of marijuana in adolescents can drop your IQ____ points.
   a. 10
   b. 8
   c. 2
   d. 0
   Answer: B

3. True or False: smoking marijuana thins your prefrontal cortex.
   Answer: True

4. At what age is the brain development complete?
   a. 21
   b. 18
   c. 25
   d. 28
   Answer: C

5. Name the negative effects of marijuana use on the teenage brain?
   a. Difficulty thinking and problem solving
   b. Problems with memory and learning
   c. Difficulty maintaining attention
   d. All the above
   Answer: D

**Marijuana Dependence and Addiction:**

1. True or False: 1 in 6 teens who begin using marijuana at a young age will become addicted to it.
   Answer: True

2. Which of the following statements is true of marijuana addiction?
   a. Use more than you intend to.
   b. Try to cut back and you can without an issue.
   c. You don’t think about using marijuana at all.
   d. You never crave marijuana and can easily focus on other aspects of your life.
   Answer: A

3. True or False: once dependent upon marijuana, it is easy to stop using it.
   Answer: False

4. What would be a good alternative activity to do instead of smoking marijuana?
   a. Talking a walk
   b. Spend time with family
c. Read a book
d. All the above
Answer: D

5. What are the common indicators that you may be developing an issue with marijuana use?
   a. Drop in grades
   b. Skipping class or school
   c. Quitting sports or other activities that you once enjoyed
   d. All the above
Answer: D

**Short and Long-Term Effects of Marijuana Use:**

1. The short-term effects of marijuana use include:
   a. Lethargy, impaired coordination and balance, slurred speech, increased heart rate
   b. Energy, euphoria, excitement, anticipation
   c. Drowsiness, stupor, exhaustion
   d. Decreased heart rate, diminished capacity, low energy
Answer: A

2. True or False: the use of marijuana can be deadly.
   Answer: True

3. What is 1 way in which marijuana can be life-threatening?
   a. Overdose
   b. Driving while high
   c. It can never be life-threatening
   d. Marijuana saves lives, it could never be life threatening
Answer: B

4. True or False: individuals who use marijuana are more likely to have relationship issues, worse educational outcomes, lower career achievement, and reduced life satisfaction.
   Answer: True

5. True or False: the use of marijuana is not linked to any mental health issues.
   Answer: False

**Myth or Fact:**

1. You can’t get addicted to marijuana.
   Answer: Myth

2. The use of marijuana increases the chances that an individual will use other substances.
   Answer: Fact
3. Marijuana helps reduce anxiety.
   Answer: Myth

4. Students who use marijuana excel academically.
   Answer: Myth

5. Smoking marijuana is harmful to your health.
   Answer: Fact

Medical Marijuana:

1. Marijuana increases the chances of
   a. Living a longer life
   b. Sadness
   c. Curing cancer
   d. Reducing anxiety
   Answer: B

2. Marijuana increases the chances of
   a. Depression
   b. Happiness
   c. Being more calm
   d. Cheerfulness
   Answer: A

3. True or False: marijuana helps with anxiety.
   Answer: False

4. True or False: marijuana does not help with Attention-Deficit Hyperactivity/Disorder (ADHD).
   Answer: True

5. True or False: marijuana is an effective sleep aid.
   Answer: False