

## Pre/Post Survey: Preventing Youth Marijuana Use

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### Marijuana Facts:

1. True or False: there are 5 components to the cannabis plant.  
Answer: True
  
2. Why are the terms “marijuana” and “cannabis” not interchangeable?
  - a. The word “cannabis” refers to all products derived from the plant *Cannabis sativa*. The word “marijuana” is a variety of cannabis.
  - b. The word “cannabis” refers to a pure form of THC. The word “marijuana” refers to the plant.
  - c. The word “cannabis” is the substance in CBD. The word “marijuana” refers to the substance that is used recreationally.
  - d. There is no difference, the terms are the same.Answer: A
  
3. True or False: today’s marijuana is more potent than the marijuana from previous generations.  
Answer: True
  
4. The use of high potency marijuana is:
  - a. Beneficial
  - b. Okay in moderation
  - c. Can relieve mental health issues
  - d. There is no benefitAnswer: D
  
5. True or False: teens who use marijuana often will have attention issues, memory loss, and learning difficulties.  
Answer: True

### Marijuana and the Brain:

1. True or False: the use of marijuana can damage the growing and developing brain.  
Answer: True
  
2. According to research, the use of marijuana in adolescents can drop your IQ\_\_\_\_\_ points.
  - a. 10
  - b. 8
  - c. 2
  - d. 0Answer: B
  
3. True or False: smoking marijuana thins your prefrontal cortex.  
Answer: True
  
4. At what age is the brain development complete?
  - a. 21
  - b. 18
  - c. 25
  - d. 28Answer: C
  
5. Name the negative effects of marijuana use on the teenage brain?
  - a. Difficulty thinking and problem solving
  - b. Problems with memory and learning
  - c. Difficulty maintaining attention
  - d. All the aboveAnswer: D

### **Marijuana Dependence and Addiction:**

1. True or False: 1 in 6 teens who begin using marijuana at a young age will become addicted to it.  
Answer: True
  
2. Which of the following statements is true of marijuana addiction?
  - a. Use more than you intend to.
  - b. Try to cut back and you can without an issue.
  - c. You don't think about using marijuana at all.
  - d. You never crave marijuana and can easily focus on other aspects of your life.Answer: A
  
3. True or False: once dependent upon marijuana, it is easy to stop using it.  
Answer: False
  
4. What would be a good alternative activity to do instead of smoking marijuana?
  - a. Talking a walk
  - b. Spend time with family

- c. Read a book
- d. All the above

Answer: D

5. What are the common indicators that you may be developing an issue with marijuana use?
- a. Drop in grades
  - b. Skipping class or school
  - c. Quitting sports or other activities that you once enjoyed
  - d. All the above

Answer: D

### **Short and Long-Term Effects of Marijuana Use:**

1. The short-term effects of marijuana use include:
- a. Lethargy, impaired coordination and balance, slurred speech, increased heart rate
  - b. Energy, euphoria, excitement, anticipation
  - c. Drowsiness, stupor, exhaustion
  - d. Decreased heart rate, diminished capacity, low energy

Answer: A

2. True or False: the use of marijuana can be deadly.

Answer: True

3. What is 1 way in which marijuana can be life-threatening?

- a. Overdose
- b. Driving while high
- c. It can never be life-threatening
- d. Marijuana saves lives, it could never be life threatening

Answer: B

4. True or False: individuals who use marijuana are more likely to have relationship issues, worse educational outcomes, lower career achievement, and reduced life satisfaction.

Answer: True

5. True or False: the use of marijuana is not linked to any mental health issues.

Answer: False

### **Myth or Fact:**

1. You can't get addicted to marijuana.

Answer: Myth

2. The use of marijuana increases the chances that an individual will use other substances.

Answer: Fact

3. Marijuana helps reduce anxiety.  
Answer: Myth
4. Students who use marijuana excel academically.  
Answer: Myth
5. Smoking marijuana is harmful to your health.  
Answer: Fact

### **Medical Marijuana:**

1. Marijuana increases the chances of
  - a. Living a longer life
  - b. Sadness
  - c. Curing cancer
  - d. Reducing anxietyAnswer: B
2. Marijuana increases the chances of
  - a. Depression
  - b. Happiness
  - c. Being more calm
  - d. CheerfulnessAnswer: A
3. True or False: marijuana helps with anxiety.  
Answer: False
4. True or False: marijuana does not help with Attention-Deficit Hyperactivity/Disorder (ADHD).  
Answer: True
5. True or False: marijuana is an effective sleep aid.  
Answer: False