

Contact:

Leah Szabo, jkd@jkdjane.com

Jane Dvorak, jkd@jkdjane.com

Johnny's Ambassadors Publishes a Book on the Dangers of THC Use in Teenagers

Research shows THC use among youth increases the risk of suicide seven times and the risk of developing a psychotic disorder five times. Johnny's Ambassadors Youth THC Prevention is working to combat the dangerous harms of high-potency THC on young adults.

Johnny's Ambassadors Publishing released their second book titled, *The Impact of THC on Our Children: A Parent's Worst Nightmare*. Compiled of 25 stories from parents who have experienced hardship and pain from their children's THC use firsthand, the book can help people who are concerned with their own child's use of THC products.

"By reliving their heartbreaking stories through the pages, the writers want to ensure other parents don't end up in the same situation. This book showcases the bravery, resilience and strength of these parents who have lost or come close to losing children from outcomes related to high-potency THC use," said Laura Stack, founder and CEO of Johnny's Ambassadors.

Alongside the 25 stories, the book includes an introduction from Stack, a fellow parent who lost her son, Johnny, whose name lives on in the nonprofit, Johnny's Ambassadors.

The stories shared in the book bring forward the hidden dangers of THC addiction on a young adult, such as mental illness, psychosis and suicide.

"We tell our stories so no other young adult falls victim to these effects," said Stack. "I hope readers find this book helpful in their efforts to guide their children to prevent or stop THC use before it's too late. I wish there had been a book like this for me."

Today's marijuana is much stronger than in the past, and the THC concentrates can have 90%+ THC content in dabs, oils and edibles compared to the 1% in cannabis in the 1960s. With the legalization of marijuana and high-potency THC in states across the nation, there are still misperceptions on the safety of the drug. When teens smoke, vape, dab, or use edibles to get high, the effects have a strong impact on brain development in young adults.

The book is now available through [amazon.com](https://www.amazon.com) in [paperback](#), [hard cover](#), [Kindle](#) and [audible formats](#).

Johnny's Ambassadors has been on a mission to educate parents, teens and communities about the dangers of THC products. To learn more about their youth THC prevention education, visit www.johnnysambassadors.org.