

The Dangerous Truth About Today's Marijuana: Johnny Stack's Life and Death Story



Program Description

Laura Stack's 19-year-old son, Johnny, died by suicide on November 20, 2019, after becoming delusional from dabbing high potency THC concentrates. Soon afterward, Laura started a nonprofit organization, Johnny's Ambassadors, to educate parents and teens about the dangers of youth THC use. Before using THC, Johnny was a computer whiz with a 4.0 GPA and a perfect math score on the SAT. Three days before his death, Johnny told his mother, "Marijuana ruined my mind and my life." Through this non-scary, non-sad, science-based data-driven talk, Stack hopes to help teens understand how using high potency THC products (vapes, dab, edibles) can harm them.

Speaker Bio

Laura Stack is Johnny Stack's mom. After her son died by suicide because of his marijuana addiction and resulting psychosis, she now helps teens understand why today's high-potency THC products can cause problems with brain development, mental illness, and suicidality. Before Johnny died, Laura was a speaker and author for 30 years. Now, Laura sees it as her responsibility to share Johnny's warning with other teens to keep them from following Johnny's path. More than anything, Laura wants to help teens understand the science and potential harms of today's marijuana. She is determined to start a movement to get young people to #StopDabbing.



for Teens

Objectives

- Meet Johnny Stack – Who Was He?
- Define the Terminology: Cannabis, Marijuana, Hemp, Delta-9, Delta-8, THC, CBD
- Understand THC Potency – “Then” vs. “Now” Marijuana
- Learn how THC is Extracted and how Concentrates are Made in a Lab
- Calculate Dosage to Understand How Much THC is Going Into the Body
- Learn how THC Gives Users the High Feeling by Mimicking Natural Endocannabinoids
- Understand how THC Impacts Adolescent Brain Formation and Function by Binding to CB1 Receptors
- Review the Dirty Dozen Impacts of THC Use on the Teen Brain
- Learn What the FDA Has Approved as “Medicine” for Cannabis-Derived Products
- Uncover the Research Between Teen THC Use and Mental Illness, Psychosis, and Suicidal Thinking
- Understand What Happens When People Dependent on THC Try to Stop
- Practice What to Do and Say When Offered THC at a Party
- Consider the Science When Making Decisions for Yourself in the Future

JOHNNY'S AMBASSADORS, INC.

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