



THC

Edibles

Symptoms

- ★ Sleepiness
- ★ Agitation
- ★ Paranoia, anxiety, or panic
- ★ Nausea or vomiting
- ★ Confusion
- ★ Slurred speech
- ★ Elevated heart rate
- ★ Difficulty breathing
- ★ Dizziness
- ★ Seizures
- ★ Red eyes

If you think your child may have eaten anything containing THC, call the poison control center hotline at **800-222-1222 immediately, even if they're not showing any symptoms.**

What are Marijuana Edibles?

Marijuana is dangerous in all forms for children and adolescents, both in the short and the long term. Marijuana edibles, infused with THC, often look just like regular candies and snacks.

THC edibles typically take 30 to 60 minutes after being eaten and digested to take effect, and it can take 3-4 hours to reach the full effects.

Many THC edibles are made to closely resemble brand name candy and snacks. Some popular THC-infused products include:

- ★ Gummy candies, chocolate bars, and suckers
- ★ Cookies, brownies, cupcakes, popcorn, and even ice cream

There are a few states, including Colorado, Washington, Oregon, and Alaska, that have laws requiring clear labeling indicating serving sizes and THC content. Some even require child-proof packaging, but this is not enough to keep our kids safe. Edible THC products still result in increasing numbers of accidental THC poisoning in children under the age of nine. Calls to the poison control center due to youth edible consumption have gone up dramatically since marijuana legalization.

Keep Your Kids Safe

- ★ The best way to keep your kids safe from THC edibles is not to have them in your home.
- ★ Store them the same way you store medications and other toxic products in out-of-reach or locked locations using child-resistant packaging or containers.
- ★ Do not use marijuana edibles in front of children.
- ★ Avoid buying THC edibles that come in packages that look just like real candies.
- ★ Talk to family members, friends, and caregivers about these safety measures.

