

Super Skills for a Super Life! Be the Best Me, Drug Free!



Program Description

Sadly, we are discovering more and more children being exposed to THC and other substances starting even in 4th and 5th grade! This was quite a conundrum, because Johnny's story made them too sad. So, we decided to focus on resilience skills to create a THC-free and substance-free life.

This new course from Johnny's Ambassadors was created especially for late elementary (4th and 5th) and middle school (6th to 8th grade) students. It's a bit too "elementary" for high school (in our opinion). The students love our awesome 20-something speakers! The presentation builds intentions to avoid high potency THC products such as vapes and gummies and all substances that damage the brain.

This assembly is followed by a 5-module, online follow up classroom curriculum at no charge, with discussion questions, quizzes, and games to reinforce learning (optional). It is perfect for health classes that are required for all students.

for Older Elementary and Younger Middle School

Objectives

- Teach the qualities of choosing a true friend and being a true friend.
- Facilitate the process of setting long and short-term goals.
- Teach and explore personal rules and coping skills that enhance self-control and avoidance of substances.
- Explore scenarios that have a high probability of turning into a risky situation.
- Facilitate healthy coping strategies between parents/caregivers and their teens.



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