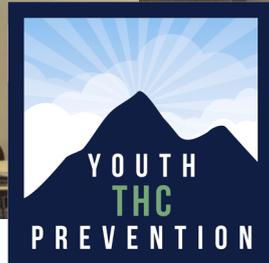


Why You Should Be #THCFree: The Brain, Body, Behavior, B.S., and Better Decisions



**JOHNNY'S
AMBASSADORS**

Program Description

Laura has developed a new THC prevention presentation for young people ages 16 to 22, specifically for junior/senior high school and college students. This was created by popular demand due to the rampant use of THC in college and the misnomer that it's safe (the brain is still forming until 25-30 years old). Laura's youngest son was in a fraternity, so she understands this culture well. Laura grew up on the Air Force Academy (her father is a retired Colonel), so she understands the college culture well.

Laura will talk in very plain language about the misinformation out there today about the use of THC in young people. She will outline the research and science behind why it shouldn't be used until the age of 30, weaving in more details about what happened to Johnny with photos and videos. This talk shows photos of drugs and videos that can potentially be upsetting to younger audiences and is not appropriate for under 16. It is particularly appropriate before prom for junior/senior high as it discusses drugged driving and the co-use of other substances. It's also a great fit for campus prevention presentations at college (tested for the D1 football team at Alabama).

If your students already saw Laura as middle and young high schoolers, this talk can be Part 2. If your mature high school/college audience has not seen the Part 1 presentation, Laura will start with a condensed high-level review. Before the new material, it gives a high-level review of THC definitions, potency calculations, teen brain formation, CB1 receptors, and THC interaction. It can also be used at youth and prevention conferences as a half-day workshop (showing part 1 and then part 2).

*for Older
High School
and College*

Objectives

1. The Brain (development, driving, depression, anxiety, mental illness, psychosis and suicide)
2. The Body (receptors, heart and lungs, CHS - vomiting, sleep, fertility)
3. The Behavior (reasons for using, use of other drugs, impulsiveness, laziness, aggressiveness, truancy and absenteeism, lower earning potential)
4. The B.S. (it's natural, it's not as bad as alcohol, you can't overdose, it's not addictive, helps you chill out, it's medicine)
5. The Better Decisions (healthy coping mechanisms, do things that increase anandamide, learn refusal skills, create your future as a young adult)



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