

# NEGATIVE EFFECTS of THC Use in Teens

**Can Cause Paranoia and Suspicion**

**Can Cause Violent and Aggressive Behavior**

**Can Kill You From Throwing Up**

**Damages Lung Health**

**Decreases IQ**

**Lowers Your Motivation To Do Things**

**Increases Suicidal Thoughts and Behaviors**

**Increases Heart Rate and Blood Pressure**

**Reduces Short- and Long-Term Memory**

**Causes Increased Anxiety and Depression**

**Can Result In Cannabis-Induced Psychosis and Schizophrenia**

**Changes Brain Formation**

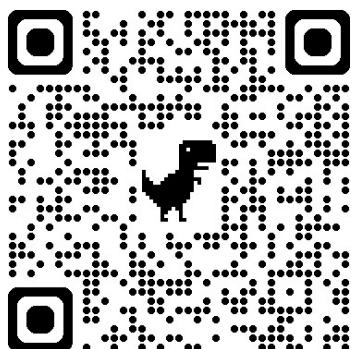
THC is the chemical in cannabis that makes users feel high. It is never safe or harmless for teen use. The brain forms until age 25 for young women and up to 30 for young men. There is NO safe level of THC in the developing adolescent brain and body. Talk to a trusted adult if you are concerned about your THC use.



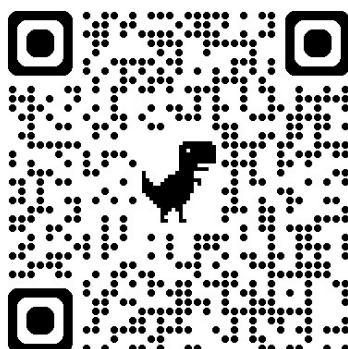
[www.cdc.gov/cannabis/health-effects/cannabis-and-teens.html](http://www.cdc.gov/cannabis/health-effects/cannabis-and-teens.html)



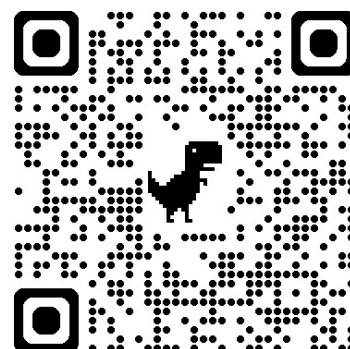
Book a School Assembly



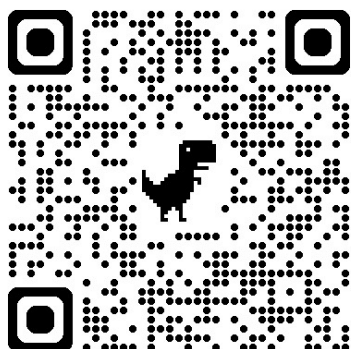
Host a Parent/PTA Night



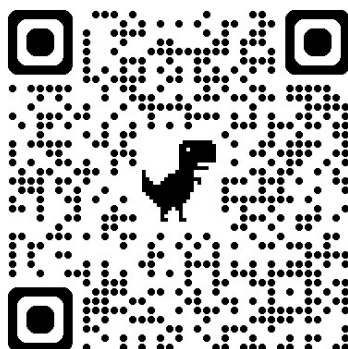
Distribute Magazines in Medical Offices



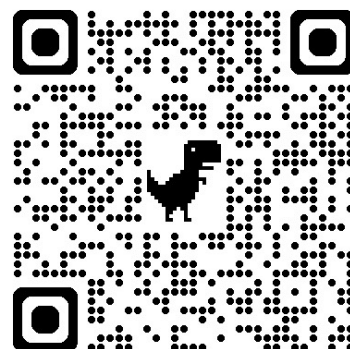
Host a Documentary Screening



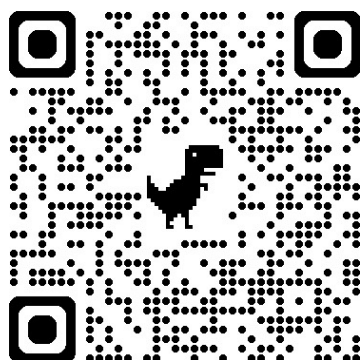
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Educate Your Teen



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Receive more information about  
Johnny's Ambassadors, contact:

**Laura Stack**

303-471-7401 [Laura@JohnnysAmbassadors.org](mailto:Laura@JohnnysAmbassadors.org)